GIVINER ZODZ **F**Providence

Tarzana Foundation

Providence

GREAT PHYSICIANS INSPIRE GREAT PHILANTHROPY

Congratulations to Our 2022 Providence Cedars-Sinai Tarzana Medical Center Physician Champions



TO OUR DONORS

Providence Cedars-Sinai Tarzana Medical Center is a central piece of the fabric of this community, and our singular focus is on providing you and your loved ones with the latest medical advances. We're excited to share that, thanks to our generous donors, we were the first to market with two exciting new technologies that are revolutionizing care.

In this issue, you'll read about cardiothoracic surgeon Andrew Brownlee, M.D., and his work with the ION system, a robotic platform for minimally invasive biopsies in hard-to-reach areas to catch lung cancer at the earliest possible stage. You'll also learn how urologist Richard Shapiro, M.D., uses Aquablation, a heat-free waterjet controlled by robotic technology, to remove prostate tissue with no incision.

We've made significant progress toward the single largest health care construction project in the history of the San Fernando Valley. Through the immense generosity of our community and neighbors, the Tarzana *Reimagined* campaign exceeded our fundraising goal, and we're thrilled to share we've raised \$75.1 million to date. We anticipate finalizing construction on the Friese Family Tower in early 2023.

We're also pleased to announce that Providence honored three of our distinguished Providence Cedars-Sinai Tarzana physicians at Providence Southern California Philanthropy's first annual Physician Champion Award Dinner.

During the ceremony, clinical leaders were honored for their significant contributions to building a culture of philanthropy at their medical campuses. We want to congratulate Paul Sogol, M.D., Shahin Delkhah, M.D., and S. Thomas Yadegar, M.D., for their well-deserved recognition.

With your continued partnership, Providence Cedars-Sinai Tarzana is committed to maintaining its status as the gold standard of care in the Valley and beyond. We extend our deepest thanks to the passionate community members who have partnered with us to support this vision.

Gratel Eingefen, M.D.

Jerald Einziger, M.D. Chair, Foundation Board of Governors

Mutt Ring

Matthew Rinnert Chief Philanthropy Officer

2022 PROVIDENCE TARZANA FOUNDATION

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COVER STORY Great Physicians Inspire **Great Philanthropy**





PATIENT STORY They Saved My Life FUNDRAISING UPDATE Tarzana Reimagined



PLANNED GIVING Giving Is My Joy Gifts of Real Estate





PHYSICIAN PROFILE At the Epicenter of Advancing Care

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EVENTS Physician Champion Award Dinner 2022



FOUNDATION UPDATE New Board Members

GREAT PHYSICIANS INSPIRE GREAT PHILANTHROPY

Congratulations to our 2022 Providence Cedars-Sinai Tarzana Medical Center Physician Champions

Many donors are first inspired to give after experiencing a life-changing medical event shepherded by one of our compassionate Providence Cedars-Sinai Tarzana Medical Center physicians. In turn, their giving further supports the work of the physicians they appreciate and admire.

This year, Providence Tarzana Foundation recognized three of our physicians with the inaugural Physician Champion Award for inspiring philanthropy and acting as partners with and ambassadors for the Foundation. (See page 7 for more about the Physician Champion Award Dinner.)

Thank you and congratulations to our Physician Champion Award winners Thomas Yadegar, M.D., and Shahin Delkhah, M.D., and to Providence SoCal Region award winner Paul Sogol, M.D.





events. He's an advocate of the Foundation and, Thomas Yadegar, M.D. Pulmonary and Critical understanding the relationship between donor Care Medical Director support and great patient care, he encourages of the Intensive Care patients to learn more about the ways they can be involved.

Unit At the height of the pandemic, Thomas Yadegar, M.D., was at the frontline and garnered media

coverage for his innovative approach to treating COVID-19 patients. An enthusiastic Foundation volunteer, Dr. Yadegar spoke at several Foundation town halls during the pandemic.

He's an active Foundation partner and is always responsive to requests to speak at salon events or assist the Foundation team. He understands the importance of philanthropy and works to connect grateful patients to the Foundation.

"It was my lifelong dream to become a physician and I'll never stop in my quest to try and make care, Paul Sogol, my patients better," he says. "I'm grateful and M.D., has played an humbled when a donor is moved to support the instrumental role in changing the landscape work we're doing at Providence Cedars-Sinai of health care in the San Fernando Valley for Tarzana Medical Center. It's my honor to share more than 44 years. Well aware of the vital role of philanthropy in providing advanced care, Dr. the advances donors can make possible through their generosity." Sogol is a tremendous ally in the Foundation's fundraising efforts.



Shahin Delkhah, M.D. Hospitalist/Internal Medicine

A prominent figure at the medical center, Shahin Delkhah, M.D., helped create our Hospitalist Program and is committed to advancing patient

care through philanthropy. Dr. Delkhah is an extraordinary physician partner who acts as a health care philanthropy ambassador, working closely with Foundation staff to advance patient care.

During the pandemic, he carved out time to speak at Foundation town halls and salon

"Every day I meet patients who come to the hospital with acute medical issues," he says. "I only have short moments to gain their trust and provide them with their plan of care. When patients go home and they're very appreciative, it makes me feel great and appreciate life and come to work even happier the next day."

Paul Sogol, M.D. Internal Medicine

With an outstanding reputation as an incredible diagnostician who cares deeply about those in his

He partnered with the Foundation to help the single largest donation in Providence Tarzana Foundation history from Don and Andrea Friese Family. In honor of his commitment to philanthropy, the Foundation named the Paul Sogol, M.D., Physician's Lounge, recognizing his legacy and impact on the community.

"I never set out to do anything specific in my practice," he says. "I just wanted to take the best care of my patients that I could. You can't go wrong if that's what guides your practice."

They saved my life and helped me go home to my kids. I want the community to know that the work they do at Providence Cedars-Sinai Tarzana Medical Center is great!

– Nilo Bahadorani

THEY SAVED MY LIFE

Healthy and back home with her family, Nilo Bahadorani gives thanks

It wasn't until Nilo Bahadorani, 39, was getting treated for a low iron level that she discovered she had an asymptomatic case of COVID-19. Because her infection compromised her blood oxygen levels, the prescribed iron drip caused a life-threatening allergic reaction. Her heart started racing, and she was rushed to Providence Cedars-Sinai Tarzana Medical Cente by ambulance.

"I thought I was having a heart attack," says the mother of three. "They started treating me for t reaction and within a few hours, I was very shor of breath. The next thing I knew, I woke up three days later."

While Nilo was intubated and in a coma, her husband Chris Sabeti, CEO of software firm Phonecheck, turned to his faith to help him cop "The kids woke up, and their mother wasn't ther he remembers. "How do you explain this to a five year-old? I tried not to be worried in front of the while knowing my wife was in a critical situation I put my faith in God and worked hard to believe that everything would be OK."

It's the people who matter most

p er	Lifelong Valley residents Nilo and Chris had all three of their children at Providence Cedars-Sinai Tarzana Medical Center. Today, the couple credit the staff at the hospital with saving her life. Nilo will be forever grateful to the team of physicians and nurses who cared for her.
he t e	She has special praise for nurse Siavash Bijan, RN. "It's funny because I was out for three days and don't remember much, but I do remember my nurse Sia because he was so amazing. He held my hand, he listened, and he was so kind, gentle and comforting. He told Chris he would take care of me, which helped keep him calm."
oe. re," re- em n.	Pulmonary and Critical Care Medical Director of the Intensive Care Unit, S. Thomas Yadegar, M.D., internist Shahin Delkhah, M.D., and cardiologist Marc Ehrich, M.D., were on the team that treated Nilo and stood out in her mind as exceptional. "They are all so smart and caring," she says. "There's a lot of hospitals out there, but this experience has taught me that it's the people who matter most. They saved my life and helped me go home to my kids. I want the community to know that the work they do at Providence Cedars-Sinai Tarzana Medical Center is great!"



TARZANA REIMAGINED

The Tarzana *Reimagined* campaign realizes our goal of bringing state-of-the-art health care to your own backyard. We have made significant progress toward the single largest health care construction project in the history of the San Fernando Valley.

Thanks to the immense generosity of our community and neighbors, the Tarzana *Reimagined* campaign exceeded our fundraising goal, and we are thrilled to share we have raised \$75.1M to date.

The new, five-story patient tower will be named the Friese Family Tower to honor Donald and Andrea Friese, along with their family, following their transformational \$50M gift in 2021. Our community has added significant impact with generous support from The Ahmanson Foundation and Sandy Sigal. The momentum continues thanks to Susan Hirsch Wohl, Milt and Debbie Valera, Howard and Jodi Tenenbaum and many other philanthropic partners.

The Friese Family Tower will be the focal

point of our new medical campus as both an advanced care hospital and a beautiful landmark. Directly next to the 101 Freeway and with a dedicated emergency department entrance, accessibility will be of ease. The tower will house a 32-bed emergency department on the first floor, more than double the capacity of our current department. Every tower room will be private to maximize both patient and visitor comfort. Additional advancements include a new beautifully-designed lobby and waiting area, advanced admitting and recovery areas and diagnostic labs. The newly designed chapel will be a multifaith space for patients and visitors.

Construction continues to make steady progress and plans to complete the new main lobby this summer. We anticipate finalizing construction on the Friese Family Tower in early 2023 with a grand opening planned in the first quarter. We look forward to updating our community on this monumental opening.







PHYSICIAN CHAMPION AWARD DINNER 2022

Twenty-one clinicians across Providence Southern California were recently recognized at the inaugural Physician Champion Award Dinner on May 5 for their significant contributions to building a culture of philanthropy at their medical campuses.

The award acknowledged select Providence Southern California physicians for their commitment to philanthropy and medical care. Each ministry nominated two physicians from their respective organizations to be honored,

including nominees from the Los Angeles Physician Enterprise.

"These physicians take their expertise and commitment to health care beyond the bedside. They are true philanthropy ambassadors by communicating the positive impact patients can have on health care in our community," says Kevin Manemann, chief executive, Providence St. Joseph Health, Southern California.

Providence Tarzana Foundation was proud to recognize Thomas Yadegar, M.D., and Shahin Delkhah, M.D., as the first to receive the 2022 Physician Champion Award, as well as Paul Sogol, M.D., as the first to receive the 2022 SoCal Region Award. Their passion for philanthropy inspires the next generation of physician engagement, representing the importance of a strong partnership between Providence Cedars-Sinai Tarzana Medical Center and its Foundation.

"Our physician colleagues are among the most essential partners our philanthropy team has," says Matt Rinnert, chief philanthropy officer. "Every day we are grateful for their clinical expertise, compassion and dedication to our mission. It is because of their passion in caring for others that we have been able to create healthier communities."

Congratulations Dr. Delkhah, Dr. Yadegar and Dr. Sogol for being honored as Providence Tarzana Foundation's 2022 Physician Champions.

Pictured form left to right: Matt Rinnert; Nick Lymberopoulos; Paul Sogol, M.D.; Kenya Beckmann; Kevin Manemann

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GIVING IS MY JOY

Natalie Hall takes great pleasure in supporting causes she cares about

Her ready laugh and wry sense of humor make Natalie Hall almost impossible to resist. If her nearly constant grin doesn't win you over, her kind heart will. An irrepressible octogenarian, Natalie enjoys a simple life that includes supporting her various philanthropic interests.

Natalie's long history of giving has benefitted causes all over the world and throughout the U.S. As a longtime San Fernando Valley resident and a former editor at the Glendale News Press, she decided it was time to put her philanthropic focus on her local area.

After a tour of the new patient tower at Providence Cedars-Sinai Tarzana Medical Center scheduled to open in the first guarter of 2023, Natalie was impressed with the many advances in care and treatment. She was moved to support construction costs for the hospital's new patient tower.

"I've always done a lot of charitable giving to different places and causes," she shares. "I realized I hadn't given locally. I thought, 'I've got to do something for my community,' and that's what inspired me. I believe everyone needs access to excellent health care in their backyard, so this was a good fit for me."

Natalie auctioned off part of her grandfather's prized collection of Thomas Hart Benton lithographs to fund a charitable gift annuity. Her gift supported the installation of a significant section of cladding, a layer of insulating material that provides weather resistance and improves the appearance of buildings, on the hospital's exterior.

"People in the distant past built the hospitals, schools and roads we count on today," Natalie muses. "If we can, we should be the ones building the hospitals for the next generation. It's definitely time for us to give back if you have the means. I figure I can't take it with me!"

For Natalie, this planned gift comes with many wonderful returns on her investment. "I'm thrilled to support better health in the community, and I made a good friend of mine the beneficiary of the guaranteed income stream so I can help her out. On top of that, I get a big tax break and Providence Tarzana Foundation will eventually receive the balance of the invested amount of the charitable gift annuity. Everybody wins!"

GIFTS OF REAL ESTATE

Your home, vacation home or farm can be a part of a strategic, personally rewarding gift plan

We are honored to work with donors to help at the time when the gift is made. Formulas and interest rates provided by the federal government maximize their personal benefits of charitable giving, which also contributes to our mission of providing are used to determine the value. It is affected by the excellent health care. One creative option is the age of the donor(s), value of the property and interest gift of a personal residence, vacation home or farm rates at the time the gift is made. The value of the through a life estate reserved arrangement (also remainder interest is the amount you can deduct as a known as a retained life estate gift). gift. If the amount deducted exceeds the amount you can deduct within the gift year, the excess/unused deduction may be carried over up to an additional five years.

Reasons to consider a life estate reserved



It is a unique way to make a gift using your property but retain the right to live

A life estate reserved gift removes the property from there. This option provides a creative way your estate, which means it is not subject to estate to make a major impact on Providence tax. Also, you relieve heirs or your estate executor Cedars-Sinai Tarzana Medical Center – in many of the potential burden of selling the property. It instances, a greater impact than you may have should also be noted that if you own a farm and want considered before. As part of your estate planning to make a life estate reserved gift, you can give a strategy, it offers satisfying personal benefits to you portion of the property rather than all of it. while supporting the hospital:

- Qualifies for a current charitable income tax deduction (subject to IRS qualifications)
- The gift property is removed from your estate
- The right to live at the property for life can be provided to more than one individual (e.g., you and a loved one)

How the gift plan works



Property generally used in a life estate reserved is a personal residence, vacation home or farm. When the gift is

made, you enter into an agreement with

Providence Cedars-Sinai Tarzana Medical Center and transfer ownership of the property to the Foundation. However, your right to use the property within your lifetime is specified within the terms. The agreement also addresses the responsibilities for property maintenance and management, including insurance and improvements.

The remainder interest in the property is considered a charitable gift and a value is placed on this interest

A strategy that includes lifetime income



We are here to help

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Another way a gift of your property could benefit your financial future is to make a life estate reserved gift that includes a charitable gift annuity agreement.

With this strategy, Providence Tarzana Foundation agrees to pay you and/or someone else (two people maximum) a lifetime income. When a life estate reserved arrangement includes the charitable gift annuity component, you can still benefit from a charitable deduction, although the deduction will be less than an arrangement that did not include the gift annuity component.

Because you and your planning goals are unique, it is important to know how gift planning can be designed to maximize your impact and personal

benefits. For more information, please contact Debra King, director of planned giving, at 323-896-0284 or Debra.King@providence.org.

AT THE EPICENTER OF ADVANCING CARE

Cardiothoracic surgeon Andrew Brownlee, M.D., is doing his part to make the Valley a destination for world-class care

Although he tried to resist it, Andrew Brownlee, M.D., was destined to join the family business. Growing up, he was surrounded by inspiring figures in the medical field, including his mother, an ICU nurse, and his father, a cardiothoracic surgeon.

"I had no intention of becoming a doctor," he laughs. "But it ended up being the path I was drawn to. I thought I was going to be a general surgeon. Then when I got onto the cardiothoracic surgery rotation in medical school, I absolutely loved it."

Today, he's a cardiothoracic surgeon on staff at Providence Cedars-Sinai Tarzana Medical Center and an assistant professor of surgery at Cedars-Sinai. He values the profound commitment of our staff.

"From the administration to the OR nurses and scrub techs to working with the Tarzana Foundation, it's so clear everyone here is passionate about what they do," he says. "When people are passionate, they're always trying to improve on what they're doing. It's such a pleasure to work with people who elevate each other. They elevate me."

Innovating is a team effort

According to Dr. Brownlee, the most rewarding part of his job is traveling with his patients from diagnosis to treatment to cure. "Our field is changing so fast that people who would not have survived five years ago are now in a maintained remission and have normal lives because of these incredible new therapies coming out every year."

The ION System is the latest innovation Dr. Brownlee says is revolutionizing care. Primarily supported by philanthropy, the ION system uses a robotic platform that visualizes and executes precise, minimally invasive biopsies in some of the most hard-to-reach areas of the lung where malignant cancers frequently begin. The new system eliminates the need for more invasive surgical biopsies of the lung associated with increased pain and complications.

The ION system is part of a larger initiative to create a world-class cardiothoracic program at Providence Cedars-Sinai Tarzana Medical Center. "We've spent about a year building the program, bringing in brand-new advanced methods of diagnosis and treatment," he says. "It's been a huge team effort. It would not have been possible without the immense support of our donor community. Thanks to philanthropy, Providence Cedars-Sinai Tarzana Medical Center is becoming the epicenter of extremely advanced care in the Valley."

When people are passionate, they're always trying to improve on what they're doing. It's such a pleasure to work with people who elevate each other. They elevate me.

- Andrew Brownlee, M.D

EARLY **ADOPTER**

Providence Cedars-Sinai Tarzana Medical Center former chief of staff is grateful to donors who support innovations in care

It was his father who inspired a young Richard Shapiro, M.D., FACS, to pursue medicine. "We had no physicians in the family," he remembers. "I admired my father and I asked him, 'If you had it to do all over again, what would you do?' He told me he would have become a doctor."

Medicine was a natural fit for Dr. Shapiro. During his surgical residency at UCLA, he rotated through urology and was drawn to its top-rated program. "When you're figuring out what you want to do, you look for great people to emulate,' he says. "I had the opportunity to be trained at one of the best urology programs by one of the best surgeons in the country."

The Chicago native partnered with Leonard Skaist, M.D., in 1983 and soon after joined the staff at Providence Cedars-Sinai Tarzana Medical Center. "We have the best medical staff in the Valley," he says. "It's always provided best-in-class medical care, and now with Cedars, it's even better. I'm grateful to be here, and I've never felt the need to go anywhere else."

The next wave

Always a proponent of new technology that improves outcomes and decreases side effects for patients, Dr. Shapiro embraced the transition to minimally invasive robotic techniques. "Since I've been practicing, there have been three waves of groundbreaking advances," he shares.



"First was endoscopy and then robotics. Our newest is the Aquablation System, which has revolutionized how we treat men with enlarged prostates."

According to Dr. Shapiro, Aquablation uses a heat-free waterjet controlled by robotic technology to remove prostate tissue with no incision. It combines a camera with ultrasound imaging, giving the surgeon the ability to see the entire prostate in real time.

He's quick to acknowledge and thank donors whose generosity funds expensive new treatments. "Donors helped us get Aquablation, and it's completely changed the patient experience," he says. "I'm very thankful to our generous donor community that helps Providence Cedars-Sinai Tarzana provide our community with access to leading-edge therapies."

2022 PROVIDENCE TARZANA FOUNDATION **BOARD OF DIRECTORS**

NEW BOARD MEMBERS

Cary Lefton

Cary J. Lefton is chief executive officer of Agora Realty & Management, which he founded in 1986. His family office has a portfolio of shopping centers, business parks, mixed-use retail, office buildings and multi-family dwellings. Their vision is to foster and grow a financially sustainable company that creates value in the lives of its employees, investors, business partners and communities in which they live, work and invest.

Cary has been married to his wife, Marla, for over 40 years. Marla is an artist who enjoys painting with oils on canvas. Cary and Marla have two sons, Ryan and Aaron, who also work for Agora. His hobbies include collecting wine, tennis, skiing, traveling, sailing and playing with his grandchildren.

live and work.

Robin Richards

Robin Richards is an entrepreneur, investor and philanthropist whose career started as founder of Lexi International Inc. and by 1993 was the country's largest database B2B teleservices company.

Robin went on to a long career founding and building internet startups, including Tickets.com, MP3.com, Notification Technologies Inc., and Internships.com to name just a few. Today Robin invests in startups or early stage companies and sits on several boards, including My Code Media, BiasSync, Vesta Modular, Total Diversity Clinical Trials, Life Line Screening, Lexipol, and LocalRoofs.com.

His nonprofit time is devoted to serving on the boards of Chase Foundation, where he serves as president; Los Angeles Sports and Entertainment Commission; Rand Corporation; Center for Global Risk and Security; and University of Southern California Board of Leaders.

Cary believes volunteering his time and money to charitable causes will help make a positive change in the community in which he and his family

GIVING MATTERS



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