

GENERATIONS OF CARE AND GENEROSITY

From broken bones to the birth of their children, and even a heart surgery, Providence Cedars-Sinai Tarzana Medical Center has cared for many generations of the Kashani family, who have been residents of Tarzana for over 30 years. With decades of gratitude behind them, the family made a generous philanthropic gift of \$1 million – the largest donation received by Providence Cedars-Sinai Tarzana Medical Center to date.



Daniel Kashani, Soheyla K. Kashani, Yousef Y. Kashani and Claire Marks, Co-Chair of the Tarzana Reimagined Campaign

To learn how you can donate to the Tarzana Reimagined Campaign, please contact Adam S. Pilder at (818) 757-4308 or adam.pilder@providence.org or visit ProvidencePowerOfGiving.org.

"Tarzana is our community, and as members of it, we're grateful for the high-quality care that we have received at the hospital," said Danny Kashani. "My parents, as well as the rest of our family, wanted to make a donation that would enable the hospital to grow through the Reimagined Campaign."


The campaign, a \$540 million project redeveloping the Providence Cedars-Sinai Tarzana Medical Center campus, will bring the future of healthcare to the San Fernando Valley. The rebuilt medical campus will be named under a new partnership with Providence and Cedars-Sinai. The new partnership empowers the hospitals to work collaboratively while also offering the unique skill sets of doctors from each hospital.

"The care at Providence Cedars-Sinai Tarzana Medical Center is really personalized," said Danny. "It's absolutely top-of-class care. My family and I feel like we are leaving something for future generations with this contribution."

PLANNED GIVING THROUGH A WILL OR LIVING TRUST

Making a gift (bequest) through a will or living trust gives you the satisfaction of creating a lasting and personal legacy that ensures Providence Cedars-Sinai Tarzana Medical Center's future and costs nothing now.

Your bequest, large or small, will have a significant impact on Providence Cedars-Sinai Tarzana Medical Center and create a legacy that will help us respond to the unique needs of our community. Bequests are flexible, allowing you to create a highly personalized plan, and you can modify them if your situation changes. Plus, if you are subject to estate tax, a charitable bequest could reduce the amount of estate tax paid. A charitable gift, funded with assets such as retirement accounts, bypasses taxation and gives your legacy maximum impact.



If you have already included Providence Tarzana Foundation in your plans (or if you intend to), please contact Joe Ward, Executive Director of Planned Giving at joseph.ward@providence.org or call (310) 793-8117. We will ensure that your wishes are understood and that your gift will be used exactly as you intend.

PROVIDENTIAL



Dear Friends of the Foundation,

As Chairman of the Providence Tarzana Foundation Board of Governors, I am delighted to have the opportunity to thank you for your support of Providence Cedars-Sinai Tarzana Medical Center. As you browse through the second issue of *Providential*, I invite you to take a moment to reflect on the meaningful difference your support has already made for our patients and their families, our community, and our compassionate caregivers.

During this unprecedented time, we remain steadfast in our dedication to the health and well-being of our community as we respond to the COVID-19 (coronavirus) health crisis. We are here for you and your loved ones, now and always.

We are grateful for the opportunity to serve those in need during some of life's most vulnerable moments with the help of friends like yourself through your support. You'll be reading the inspiring story of a family that embodies the spirit of generosity that "Friends of the Foundation" like you have in common. You'll also be able to read about the recent celebration and groundbreaking event that took place in Tarzana to symbolize the newly formed partnership between two recently awarded, Top 50 Hospitals: Providence and Cedars-Sinai.

You may have noticed that the hospital remains fully operational as we are busy building a new state-of-the-art patient tower and renovated medical campus. Once completed, the new Providence Cedars-Sinai Tarzana Medical Center will provide the best possible care to our communities throughout the Greater San Fernando Valley. I'm also pleased to share that patients and families will be the beneficiaries of our new partnership which will result in a continuum of care that will ensure access to innovative treatments during every phase of our patients' care.

I look forward to another year witnessing the spirit of generosity that is interwoven in the values, so evidently demonstrated in our community. Thank you for helping us build a world-class medical center to better serve the communities throughout our region.



Sincerely,




Jerald Einziger, MD
 Chairman of the Providence Tarzana Foundation
 Board of Governors
 Phone number: (818) 757-4384
 Email: ptzfoundation@providence.org



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- In Focus: 2019 Impact of Philanthropy at Providence Cedars-Sinai Tarzana Medical Center
 - Groundbreaking a Powerful Partnership
 - COVID-19: What You Need to Know
 - Generations of Care and Generosity



In Focus:

2019 IMPACT OF PHILANTHROPY AT PROVIDENCE CEDARS-SINAI TARZANA MEDICAL CENTER

-  Upgrades and enhancements to Providence Cedars-Sinai Tarzana Medical Center's Neonatal Intensive Care Unit (NICU).
-  Support for our Community Health Services.
-  Advanced medical training for our nursing staff.

-  Support for our Palliative Care Services.
-  Support for the Providence Cedars-Sinai Tarzana Medical Center Treatment Center's Housing and Recovery Project, which helps homeless emergency room patients struggling with addiction get connected to high-quality treatments, rehabilitation services and transitional housing.

COVID-19: WHAT YOU NEED TO KNOW

WHAT IS COVID-19?

While COVID-19 is a new disease, it is part of a family of viruses called coronaviruses.

The first identified case of COVID-19 was in China in 2019. This virus has now spread to many countries around the world.

HOW DOES COVID-19 SPREAD?

The most common way this virus spreads is from person to person. This is much like what happens with the flu. When someone with COVID-19 coughs or sneezes, they send out respiratory droplets that have the virus.

Here are examples of how it can spread:

- If you are in close contact (within 6 feet) of this person, you can catch the virus by breathing in their respiratory droplets.
- You can get the virus from shaking hands with someone who has it and then touching your own face, nose or mouth.
- You can also get the virus from drinking from the same cup, or eating from the same plate, as someone who has COVID-19.

WHAT ARE THE SYMPTOMS OF COVID-19?

COVID-19 affects the respiratory system. Symptoms can be mild, like those of the common cold. Or symptoms can be more severe like shortness of breath and other breathing problems. Sometimes people die from COVID-19.

Beyond these symptoms, people with this virus can also have complications. Those can include pneumonia (an infection of the lungs) or too little oxygen getting to the lungs.

Sometimes these symptoms and complications lead to death. That is most likely when people are older or also have other medical problems.

As of now, there is no vaccine to prevent COVID-19. There is also no cure for it yet. Scientists are working hard on that.

The good news is that there is supportive care — treatments to help control or relieve a person's symptoms while their immune system works to kill the virus.

HERE ARE SOME WAYS TO TREAT COVID-19 SYMPTOMS AND COMPLICATIONS:

If you have mild symptoms (like that of the common cold), it is best to stay home from school, work, and away from others. Keep doing this until you feel better.

If you have more severe symptoms (such as breathing problems), you might need to be in the hospital. Treatments can include oxygen, IV (intravenous) fluids, and special medicines.

If you have very severe symptoms, you may need to be in the hospital's ICU (intensive care unit). Patients this sick might need to be on a breathing machine (ventilator) that helps them breathe.

HOW CAN I PROTECT MYSELF AND OTHERS FROM GETTING COVID-19?

There are some common-sense ways you can help protect yourself, your family, and the community from getting COVID-19:

1. Wash your hands
2. Keep your distance
3. Clean items that are used by many people

GROUNDBREAKING A POWERFUL PARTNERSHIP

Last year, Providence and Cedars-Sinai joined forces to embark on a critical investment for Tarzana — a \$540 million redevelopment of the Providence Cedars-Sinai Tarzana Medical Center campus, including a new patient care tower with all private rooms, an expanded Emergency Department, new diagnostic and treatment services, and enhanced outpatient and ambulatory services. Through the amazing power of philanthropy and the community's generosity, the all-new Providence Cedars-Sinai Tarzana Medical Center is scheduled to complete in 2023.

"This is an exciting milestone for both Providence and Cedars-Sinai as we come together to bring excellence in healthcare to the greater San Fernando Valley," said Dale Surowitz, Chief Executive of Providence Cedars-Sinai Tarzana Medical Center.

On February 10, a special celebration event was held to recognize the formal groundbreaking of the construction of the new campus and to honor the partnership between two world-class organizations: Providence and Cedars-Sinai. Many special guests were in attendance, including board members from both health systems.



"We are so fortunate and proud to have found a partner like Cedars-Sinai," said Erik Wexler, Chief Executive for Providence Southern California, "Cedars-Sinai is known globally for very high-level procedures and research that truly save lives, and we are honored to work as a team to bring their expertise to our hospital!"

After the groundbreaking ceremony, the Providence spiritual care team gave a special groundbreaking blessing, symbolic of blessing the partnership and the continued construction work. Both Providence and Cedars-Sinai are excited to move forward with the construction and development of the all-new Providence Cedars-Sinai Tarzana Medical Center campus and bring the future of healthcare to Tarzana and the greater San Fernando Valley.



 Please visit coronavirus.providence.org/socal-updates for up-to-date information and links on COVID-19.